Promens Care: short introduction

- **Support** organization for people with psychiatric and intellectual disabilities
- children, youth, adults, seniors
- supported living, independent living, supported education, jobcoaching, social clubs

- over 100 small locations, over 3000 clients
- mental health: 30%
- in the society
- in a rural environment: province Drenthe (largest city in Drenthe: Emmen, 100,000)
Promens Care; short introduction

• **psychiatric** diagnoses: mood disorders, psychoses, anxiety disorders, substance abuse, bi-polar, autism, personality disorder, ADHD etc.

• homeless: adults and adolescents, families, (with a history of substance abuse), double diagnoses: physical handicaps, substance abuse, intellectual disabilities
Promens Care; short introduction

Focus:

Recovery

Participation
Vision and mission

• To support people with psychiatric problems to live as independent as possible in the society

• To support their individual recovery process

• Focus on: housing, education, work (payed and volunteering) and social contacts (including leisure)  Valued roles

• Focus on: support participation
Recovery oriented care

Recovery:

• Person
• Health
• Daily life
• Valued roles (education, work, socially)
Recovery oriented care

Recovery → care/cure activity:

• Person → psychotherapy, peer-workers

• Health → lifestyle activities, treatment

• Daily life → rehabilitation

• Valued roles (education, work, social) → rehabilitation
Evidence based method

History with IRB (psychosocial rehab)
Since 1995
Mental Health part of Promens Care:
made a deliberate choice for IRB
Evidence based method

Implications for Implementation
*training (structural; organization-wide)
*coaching ("")
*part of the daily routine (support plan)
*cooperation: HanzeUniversity, Rehabilitation ’92 (license Boston University)
“Mensen met ….. beperkingen helpen beter te functioneren zodat ze met succes en naar tevredenheid kunnen wonen, werken, vrije tijd en sociale contacten hebben in de omgeving van hun keuze met zo min mogelijk professionele hulp.”
3 ASPECTS OF CARE / CURE

Focus on problems

Focus on participation

Focus on environment

Safety, Health & Stability

↔ 95% ↔

5%

Development & Rehabilitation

treatment

support
8 IRB characteristics

* Personal approach
  *(person is more than handicap)*
* Developing daily functioning
  *(skill teaching)*
* Clients commitment and choice
* Individual approach
* Focus on environment
* Support as long as required
* Autonomy
* Succes and satisfaction
Peer workers:

- **Start:** 2001
- **Coorporation Hanze University, AD-worker by experience**
- **Annually:** 3-5 trainees
- **After graduating:** employment
Current development:

- 4 transitions: nationwide → municipal
- Law: WMO
- Law Social Support
Current development:

- Change: support $\rightarrow$ skills
- What can a person do for himself?
- Or his personal network?
- Professional support: as temporarily as possible
- Not only receive support; reciprocity
- Shrinkage of resources / budgets
Current development:

Possibilities and threats

Marketing!!
Questions?